Counseling and Mental Health Center
Supportive Response for Student Survivors

Pause: Do you have a duty to report under Title IX?

Responsible employees of the University of Texas at Austin have a duty to promptly report incidents of sex discrimination, sexual harassment, sexual assault, sexual misconduct, interpersonal violence, and stalking to the University Title IX Coordinator and/or Deputy Title IX Coordinators. Responsible Employees are not confidential reporting resources. It is a best practice to gently interrupt a survivor who you think may share details about a reportable incident to let them that you are not a confidential resource. Confidential resources on campus are the Counseling and Mental Health Center, University Health Services and the Employee Assistance Program. It is crucial that student survivors understand the role of responsible employees before disclosing details to make an informed choice about what happens next.

When a Title IX Coordinator is notified, a staff member from the Office of the Dean of Students will reach out to the student survivor to provide resources and information about an investigation process. Student survivors have the right to opt out of this process or have a limited involvement.

Regardless of your role on campus, you can refer a student survivor to on and off-campus resources listed at the end of this document.

For more information about your role on campus, please see the Title IX Website titleix.utexas.edu, e-mail titleix@austin.utexas.edu or call 512-232-3992.

Full policy is available at catalog.utexas.edu/general-information/appendices/appendix-d.

Things to Avoid

◆ Don’t tell a survivor that you understand or know how they feel.
◆ Don’t tell a survivor what they must or should do.
◆ Don’t blame a survivor or cause them to feel guilt by saying things like, “Why didn’t you…”

Immediate medical attention following sexual violence

A survivor can access a Sexual Assault Forensic Exam (SAFE) with or without police involvement. The exam can only occur within the first 120 hours (five days) after a sexual assault with police involvement and 96 hours (four days) without police involvement. The non-report option preserves the evidence for two years, during which time a survivor can make the decision about whether or not to pursue criminal charges.

Survivors of sexual assault can access a SAFE by calling SafePlace, 24/7/365 at 512-267-SAFE (7233). It is recommended that a survivor not bathe/shower or change clothes before the exam, but this is not a requirement. Survivors have the right to have a support person or advocate with them. More details about what to expect during a SAFE can be found on the VAV website.

Your Role as an Ally and Taking Care of Yourself

Learning about interpersonal violence is difficult, especially if you are close to the survivor. However, it is important that you avoid processing your feelings about the assault with the survivor. As an ally, you may experience overwhelming feelings of anger, fear, guilt, sadness or a desire for revenge. It’s important to know your own limitations.

You may find that you need your own support system. One option may be to talk with a counselor to help you process your feelings. As you seek support, remember that the survivor’s story belongs to them; please respect their privacy. Telling someone else’s story without their direct permission takes away their power. Your role as an ally is to empower a survivor to make their own choices about what’s next, including who to tell. It is crucial that survivors understand the role of campus security authorities before disclosing details so that they are able to make an informed choice about what happens next.
On-Campus Resources (If the survivor is NOT an enrolled student at UT Austin, refer to local and national resources.)

**CONFIDENTIAL RESOURCES**

### Title IX Online Resource Guide
You may want to suggest that they look at the UT Austin Title IX Resource Guide, which details rights, options and resources for student survivors. The guide can be accessed online at www.utexas.edu/student-affairs/policies/title-ix

### University Health Services
- healthhorns.utexas.edu
- General Info and Appointments 512-471-4955
- 24-Hour Nurse Advice Line 512-475-6877 (NURS)
- Health Promotion Resource Center 512-475-8252
- Location: Student Services Building
- What we do: General medical care, STI testing, pregnancy tests, Women’s Health clinic, annual women’s health exams, birth control advice, and prescriptions. UHS also offers urgent care, sports medicine, in-house lab and radiology, nutrition services, an allergy and immunization clinic, physical therapy, integrated health (counseling), and a health promotion resource center.

### Employee Assistance Program
- www.utexas.edu/hr/eap
- 512-471-3366
- Location: North Office Building A (NOA), 4.206
- What we do: Counseling, crisis intervention, and educational training for University employees, including benefits-eligible graduate students.

### CMHC Voices Against Violence (VAV)
- cmhc.utexas.edu/vav
- 512-475-3515
- Location: SSB 5th floor
- What we do: VAV is a program of the Counseling and Mental Health Center (CMHC) that provides private and confidential support and safety planning. VAV Counselors offer individual and group counseling and advocacy appointments. You may want to offer to call CMHC together or walk that student to the 5th floor of the Student Services Building (SSB)

### CMHC Crisis Line
- 512-471-CALL (2255) available 24/7/365

### Local and National Resources (All available 24/7/365)

### SafePlace
- www.safeplace.org
- 512-267-SAFE (7233)

### Asian Family Support Services of Austin
- www.saheli-austin.org
- 877-201-9371

### National Domestic Violence Hotline
- www.ndvh.org
- 800-799-7233

### Love is Respect Dating Abuse Helpline
- Chat: www.loveisrespect.org
- Call: 866-331-9474
- Text: “loveis” to 22522

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### Student Emergency Services
- deanofstudents.utexas.edu/emergency
- 512-471-5017
- Location: SSB 4th Floor, 4.104
- What we do: Immediate response and assistance to students in crisis, short term emergency shelter, limited emergency funds, and support with academic issues.

### Services for Students with Disabilities
- ddce.utexas.edu/disability
- 512-410-6644
- Location: SSB 4th floor, 4.206
- What we do: Determine eligibility and implement reasonable accommodations for students with short-term and long-term disabilities, including psychological disabilities such as PTSD.

### Reporting Options
Please note that a student survivor has the right to choose to report to law enforcement OR the university OR both. However, if a student discloses the details of an incident to a responsive employee, the University is obligated to investigate the incident under federal law. More information: cmhc.utexas.edu/vav/reporting

### University of Texas at Austin Police Department
(if incident occurs on campus)
- utexas.edu/police
- Location: 2201 Robert Dedman Dr.
- 512-471-4441

### Austin Police Department
(if incident occurs off campus)
- ci.austin.tx.us/police
- Non-emergency: 311
- Victim Services: 512-974-5037

### Institutional Title IX Coordinator
- titleix.utexas.edu
- University Compliance Services
- 2.206 UT Administration Building (UTA)
- 512-232-3992
- titleix@austin.utexas.edu

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More information about VAV issues and prevention can be found at cmhc.utexas.edu/vav

Questions, Comments or Requests? E-mail us at voicesagainstviolence@austin.utexas.edu

Together we can build a safer campus