

UT Counseling and Mental Health Center

Consent for Treatment of a Minor

If you are under the age of 18, Texas State Law requires that we obtain permission from your parent or managing conservator/guardian in order to offer you counseling services, unless any of the following circumstances apply (please check all that apply).

_____ I am on active duty in the armed forces.

_____ I am 16 years of age or older and reside apart from parents, conservator, or guardian AND I manage my own financial affairs (regardless of the source of income).

_____ I am thinking about suicide.

_____ I have concerns about alcohol and/or drug addiction or dependency.

_____ I have been sexually, physically, or emotionally abused.

If you checked one of the above items, we can offer you counseling without parental/guardian consent.

If none of the above situations apply, we will need parental/guardian consent before your counseling begins. Please obtain written permission from your parent or managing conservator/guardian for counseling services before an appointment is scheduled.

**Under Texas State Law, parents/guardian may still have access to your counseling record and/or could talk with your clinician whether parental consent is necessary or not.

By signing this Consent Form, I am acknowledging that:

1. I have read this form and understand its contents, including the limits of confidentiality stated above.
2. The information I have provided is accurate.
3. I request counseling services from the Counseling & Mental Health Center.

Student's Name (Please Print) _____ Date _____

Student's Signature _____

Witness Signature _____ Date _____